# Fall 2022 Syllabus

#### Psychology 101: Introductory Psychology (Hybrid) Section 740 In-Person Class: Tuesdays 10:20am – 12:10pm Wells Hall, Room B119 Course Units: 4.00

Instructor: Dr. Amy Drahota (pronouns: she/her) Office: Psychology Building, Room 125-B In-person office hours: Tuesdays & Thursdays 1-2:00pm (or by appointment) Course email address: <u>MSUPsych101@gmail.com</u>

- The Graduate TA will respond to emails unless there is a need for my review
- Dr. Drahota will respond to PSY101 emails on Tuesdays & Thursdays

**Graduate TA:** Brian Brutzman (pronouns: he/him/his) **Email:** <u>MSUPsych101@gmail.com</u>

• The GTA will respond to PSY101 emails on Mondays, Wednesdays & Fridays Virtual office hours: Mondays & Wednesdays 10-11am through zoom Zoom URL: <u>https://msu.zoom.us/my/bbrutzman</u>

Undergraduate TA: Abigail Brouillard (pronouns: she/her) Virtual office hours: Fridays 12:30-1:30pm through zoom Zoom URL: <u>https://msu.zoom.us/j/3470725498</u>

#### **Contacting the Instructional Team**

Dr. Drahota, the Graduate Teaching Assistant (GTA), and the Undergraduate Teaching Assistant (UA) are here to help you understand and critically think about the course material. I encourage you to connect with at least one of us during office hours to get clarification on course material or to get additional information about topics we have (or haven't) covered in class that are of interest to you.

If you cannot make office hours, or need a longer time to meet, you can:

- Make an appointment to meet with someone from the instructional team at another time.
- Reach out to the instructional team by email at <u>MSUPsych101@gmail.com</u>. Please note that the GTA will read and respond to emails or flag emails for Dr. Drahota's review, if needed. Dr. Drahota reads and responds to PSY101 emails on Tuesdays & Thursdays. If you don't hear back from instructional team within 2 weekdays, please email again.

#### **Syllabus Flexibility**

Elements of this syllabus are subject to change per the discretion of the instructor. Minor changes will be announced during in-person class time. If major changes ensue, a revised schedule will be posted or distributed. Any changes to readings will be announced and an update will be posted on the course website.

#### **Course Description**

This course introduces the foundational concepts of psychology. Psychology is a scientific discipline investigating human behavior, and helps students become critical consumers of psychological media. The scientific investigations that make up psychology are broad and far-

reaching. I hope that this class will be your first step toward a greater understanding of yourself and the world around you.

# **Student Learning Outcomes**

There are four learning objectives for this course:

- 1. **Explore the field of psychology**. Psychology is both broad and complicated. In this course, you will be exposed to a variety of areas of interest (disciplines) within the field of psychology, as well as the research methods used to investigate these areas.
- Learn skills associated with scientific study and critical thinking. Whether you
  choose to continue studying psychology after this class or not, there are several basic
  scientific and critical thinking skills that will serve you well regardless of your major.
  These skills are an integral part of psychological science, and you will learn to employ
  them in understanding the nature of psychology.
- 3. Apply the knowledge and skills gained in this course to everyday life. Psychology is unique in its clear relation to our everyday lives. Studying psychology directly benefits you by developing a better understanding of yourself, others, and the world around you.
- 4. **Demonstrate your knowledge of psychological science**. Through exams, quizzes, and activities, you will demonstrate knowledge about psychological topics learned throughout the semester.

# **Course Format and Structure**

This course is a hybrid course. This means that you will attend class only one day per week and the rest of the course will be available for you to complete online. There will be two websites associated with this course: (1) the course website on the MSU's <u>Desire to Learn (D2L)</u>, and (2) a page on the textbook publisher's website, called Achieve. For our hybrid course, many of the didactic portions (lectures) will be posted online for students to access at the times when they learn best. Class time is meant then to be spent on cooperative and active learning activities to help students apply the material from the lecture and readings in meaningful ways. The *amount of time* that you will need to spend learning the material in this hybrid course will be the same as if the class were fully in-person; however, the *type of learning activities* you will do will differ.

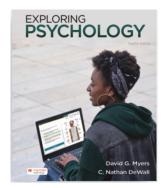
#### **Course Website**

This course has a <u>D2L</u> website that posts lectures, lecture notes, assignments, grades, and important class information. During the semester, the instruction team will email you and/or post information, announcements and reminders on the course D2L. Please read these emails or posts as you receive them, and please check your email regularly. Also, it is helpful to make sure you set up D2L to forward emails to your MSU.EDU or a preferred email address that you use most regularly; information about how to do this can be found at https://help.d2l.msu.edu/node/4410.

#### Readings

The textbook for this course is called *Exploring Psychology, 12<sup>th</sup> edition* by David G. Meyers and C. Nathan DeWall. In addition to the book, you must purchase access to Achieve, which is an online resource. The textbook is entirely online and comes packaged with Achieve. If you would prefer a print copy, it is available at an additional cost. Additionally, the MSU library will have a paper copy.

Both the **eBook and Achieve access are required** for this course. This text is an eBook that also provides access to the Achieve platform.



# To purchase the textbook and access to Achieve:

- Visit <u>store.macmillanlearning.com</u>. The course ID is: <u>m37dkk</u>. The required version for this class is with the Achieve platform.
- Alternatively, you can access these products through the course website on D2L (<u>https://d2l.msu.edu</u>). Click "Content", and then the module titled "eBook and Achieve Home". There you will find a link to Achieve.

**IMPORTANT**: You must use your MSU.EDU email when registering for an account on macmillanlearning.com to purchase the required text and Achieve access. Use of email addresses other than your msu.edu email address (using your MSU NetID) will cause problems syncing your scores with the class gradebook.

# **Technical Assistance**

General MSU technical support

- MSU Tech Support Site <u>https://tech.msu.edu/support/help/</u>
- MSU Tech Support Line (517) 432-6200 or toll free (844) 678-6200

# Technical support for D2L

- D2L Help Site <u>https://help.d2l.msu.edu/</u>
- D2L Help Line (517) 432-6200 or (844) 678-6200

# Technical support for eBook and/or Achieve

- Contact Macmillan Achieve Customer Support via Chat Here: <u>Achieve Tech Support</u> <u>Online Chat (https://macmillan.force.com/macmillanlearning/s/chat-with-us)</u>
- For urgent/time-sensitive issues, please CALL Achieve tech support at (800) 936-6899

# **Course Assignments and Grading Information**

There are a variety of assignments in this course. Details are listed below and will be discussed in class. Throughout the semester, extra credit opportunities may be offered.

# Exams

There will be five exams (one occurs during finals week) in this course. <u>Your lowest exam</u> <u>score will be dropped</u>. This means that if you have your desired grade after the fourth exam, you do not need to take the fifth exam. You will be responsible for all material associated with the course on the exams. This includes material presented in lecture, material posted online, and information from the book. Studying for exams should involve reviewing and integrating the essential ideas from the textbook, and the multiple formats that the information is presented. The exams will not be cumulative (not even the exam taking place during finals week). Chapters associated with each exam are listed at the end of this document.

<u>Exams will be administered online</u>. This means that you do not need to come to the lecture hall for the exams. You make take the exam in a location of your choosing.

• You must have high-speed internet connection for the exams. Because the exams will be administered online, you must have a high-speed internet connection. If your internet is weak or spotty at home, we encourage you to take the exam in the library or in a classroom building.

<u>During the exams</u>, you may use your book and notes, but you may not consult with any other individuals during the exam period. Exams will consist of ~100 questions each.

<u>Availability</u>. Exams will be available for 72 hours from the time that it becomes available. That is, if the exams "opens" at 12:00am EST on a Wednesday morning, you have until 11:59pm EST on Friday to *begin* the exam. If you begin the exam 1 minute prior to the exam's close, you will still have the full time to complete the exam. However, I do not recommend waiting until the last moment to complete the exam because if you have a glitch in your network or some other problem, you may not be able to resolve the problem before the exam closes. I will not re-open an exam due to bandwidth problems or network problems. Please plan accordingly.

<u>Make-up exams.</u> Make-up exams will only be given in the case of 1) a documented medical or family emergency or 2) a documented scheduled conflict. Absence from an exam for any other reason will result in a grade of 0 for that exam. All make-up exams must be completed within one week of the exam or one week after a student has returned -- if a medical emergency has occurred. If a student does not complete a make-up exam by this time, they will receive a 0 for the exam.

- <u>A documented medical or family emergency</u> means that you must have a note from a professional (e.g., dean, advisor, doctor) recommending that you not attend class.
  - Any notes must explicitly state that "This student was unable to take the exam on (date) because \_\_\_\_\_." Simply having a bad cold is not an acceptable excuse. The note cannot come from someone in your family.
  - You must send an email to the professor as soon as you are aware of the conflict indicating that you have a valid excuse, even if you do not yet have the documentation.
- <u>A documented scheduled conflict includes</u> (but is not limited to) a religious holiday, required participation in a university-sanctioned event (e.g., a commitment for a sports team), or some other acceptable event that can be foreseen.
  - You must send an email to the professor at least one week in advance of exam.

# Homework

Each week, you will complete homework assignments. During the homework, you will be quizzed on course material through Achieve, using a program called LearningCurve. <u>Your six</u> <u>lowest homework scores will be dropped</u>. This essentially means that you may skip 6 homework assignments. Homework assignments are <u>due at 11:59pm EST on Sunday</u> each week.

<u>Adaptive learning tool</u>. This is an adaptive homework system that awards points based on your performance. For each assignment, you will be required to accumulate 300 points. The number of points awarded for each question will depend on the difficulty of the question as well as your performance. If you answer the question correctly on the first try, you will be awarded more points than if you answered incorrectly on the first try and responded correctly on the sending try. Also, each question will offer you a link to the relevant section in the book so if you do not remember the material, you can review it. Homework will not be graded in a traditional way. If you achieve the 300 points required, you will receive full credit for that homework.

LearningCurve will be available to you even after you have completed each assignment, and for units and chapters that were not assigned, so you can use it as a study tool.

<u>Links</u>. Links to homework assignments are posted on D2L in each weekly module. The course schedule at the end of this document informs of when each LearningCurve quiz is due.

<u>Important note</u>. Achieve will export your scores to D2L but this process is NOT immediate and can take up to 48 hours. Please be patient and do not email the instructional team if your grade is not immediately reflected on D2L.

#### Research Experience

One fundamental way of learning firsthand about psychological research is to participate in research studies.

<u>Registering</u>. You can register for an account and sign up for studies at <u>https://msu-psychology.sona-systems.com</u>. There is a detailed document on the D2L website that provides all of the information that you need to use the SONA system. You can also watch an online tutorial at <u>https://youtu.be/ 1OnT2ZU6QQ</u>.

**IMPORTANT**: Make sure that you are on the Psychology SONA site. The Department of Communication Arts and Sciences also has a SONA site. We do not have access to this data and cannot grant participation credit for experiments done under the other site. *Be sure to use the Psychology SONA site!* 

You are required to earn 8 hours of research participation credits through the Psychology SONA system. Details regarding this element of the course are posted on D2L. Any questions, inaccuracies, or problems should be directed to Audra Jeffrey, the Department of Psychology's Human Subject Pool Administrator (jeffre22@msu.edu). It is your responsibility to sign up, participate in the experiments, and track your personal history on the computer.

<u>Age restriction</u>. Students under 18 years of age are <u>ineligible</u> for SONA experiments. Contact Audra Jeffrey if you are under 18 to learn about options for fulfilling your research experience requirement.

<u>Alternative to Research Experience</u>. If you do not wish to participate in research studies, you may write 8 research-based papers that have been designed for this situation. Details about the paper requirements are available on D2L.

<u>Deadline</u>. Research participation must be completed by the last day of classes, December 9, 2022 at 5:00pm EST. There will not be any experiments conducted after this time. Additionally, the Alternative to Research Experience papers will be due by the last day of classes, December 9, 2022 at 5:00pm EST. The submission portal on D2L will close promptly at 5:00pm EST and papers will not be accepted after this time. There will be no exceptions to the deadline for research experience participation or the alternative papers. Plan accordingly.

# In-Class Quizzes

Short quizzes will be given during the in-person classes throughout the semester. These are designed to assess your understanding of the material. These will be administered at the end of each in-person class. The lowest two quizzes will be dropped.

# Extra Credit

In addition to the assigned research experience participation, you may participate in up to two additional research participation hours. Similarly, you can write two extra Alternative to Research Experience papers for extra credit. Other extra credit opportunities will be announced throughout the semester.

#### Grading

Assignments	Percentage toward Grade	Grading Scale
Exams: 5 total (lowest 1 exam will be dropped)	40%	<b>4.0</b> : 90 – 100%
In-class Quizzes: 12 total (lowest 2 scores dropped)	50%	
Research Experience (or Alternative to Research	30%	<b>3.5:</b> 85 – 89%
Experience papers): 8 hour/ papers	rience papers): 8 hour/ papers	
Homework: 28 total (lowest 6 will be dropped)	20%	<b>3.0</b> : 80 – 84%
TOTAL:	100%	<b>2.5:</b> 75 – 79%
Extra Credit:	<b>2.0:</b> 70 – 74%	
<ul> <li>Students can participate in 2 extra hours of researce or write 2 extra Alternative to Research Experience</li> </ul>	<b>1.5:</b> 65 – 69%	
extra credit	<b>1.0:</b> 60 – 64%	
<ul> <li>Additional extra credit opportunities will be offered t semester</li> </ul>	<b>0.0:</b> < 60%	

# **Resource Persons with Disabilities (RCPD)**

Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at <a href="http://rcpd.msu.edu">http://rcpd.msu.edu</a>. Once your eligibility for an accommodation has been determined, you will be issued a Verified Individual Services Accommodation ("VISA") form.

<u>VISA</u>. If you have a valid VISA form, please a copy to me at the start of the term and/or two weeks prior to the date that the accommodation is needed (e.g., for testing accommodations: additional time, less disruptive room, etc.; for project accommodations: flexibility with due date, etc.). Requests received after this date may not be honored.

<u>Appointment with RCPD for testing</u>. To make an appointment with a specialist at the Resource Center for Persons with Disabilities, please feel free to contact them in one of the following ways: phone (517) 353-9642, TTY (517) 355-1293, or website (<u>http://rcpd.msu.edu</u>).

# Academic Assistance

If you have any trouble with assignments or the material covered in class, please speak with anyone on the instructional team. We all want to help with students having an introduction to the major concepts within the field of psychological science. Additionally, MSU has resources to assist students, such as the Campus Tutorial Center, the Campus Writing Center, Adult Student Services, and more. We understand that a lot is expected of you here at MSU, but we all want to help you to produce your best work.

# Welcome to the class!

Asynchronous readings and activities. You should complete assigned asynchronous readings and activities on <u>D2L</u> before class.

**Schedule changes.** Elements of this syllabus may be changed at the discretion of the instructor. Minor changes will be announced during class time. If major changes ensue, a revised schedule will be posted or distributed. Any changes to readings will be announced and an updated version of the calendar will be posted on the course website.

Week Number & Start Date	Asynchronous Readings & Activities (Complete before in-person class)	Quiz & Exam Due Dates	In-Person Class Date & Topics
1 Beginning 8/31	Class Introduction ☐ Read syllabus ☐ Register for the 14-day eBook trial ☐ Explore course websites (optional)	□ None	No in-person class Week 1
2 Beginning 9/5	<ul> <li><i>Ch. 1: Psychological Science</i></li> <li>□ Read chapter 1</li> <li>□ Watch chapter 1 videos on D2L</li> <li>□ Take LearningCurve 1a and 1b</li> </ul>	□ LearningCurve quizzes due 94	<ul><li>Tuesday, 9/6</li><li>Class Orientation</li><li>History and Scope of Psychology</li></ul>
3 Beginning 9/12	<ul> <li><i>Ch. 2: Biology of Behavior</i></li> <li>□ Read chapter 2</li> <li>□ Watch chapter 2 videos on D2L</li> <li>□ LearningCurve 2a and 2b</li> </ul>	<ul> <li>LearningCurve quizzes due 9/11</li> <li>In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 9/13</li> <li>Neurons</li> <li>Brain lobes, structures &amp; functions</li> <li>In-person quiz</li> </ul>
4 Beginning 9/19	Ch. 3: Consciousness ☐ Read chapter 3 ☐ Watch chapter 3 videos on D2L ☐ LearningCurve 3a and 3b	<ul> <li>LearningCurve quizzes due 9/18</li> <li>In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 9/20</li> <li>Implicit cognitive processes</li> <li>States of consciousness</li> <li>In-person quiz</li> </ul>
5 Beginning 9/26	Exam 1: Chapters 1, 2, & 3 □ Exam available 9/21 at 12:00am Ch. 4: Lifespan Development □ Read chapter 4 □ LearningCurve 4c	<ul> <li>Exam 1 due 9/23 by 11:59pm</li> <li>LearningCurve quiz due 9/25</li> <li>In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 9/27</li> <li>Exam review</li> <li>Infancy and childhood</li> <li>In-person quiz</li> </ul>
6 Beginning 10/3	<ul> <li>Ch. 6: Sensation and Perception</li> <li>□ Read chapter 6</li> <li>□ Watch chapter 6 videos on D2L</li> <li>□ LearningCurve 6a and 6b</li> </ul>	<ul> <li>LearningCurve quizzes due 10/2</li> <li>In-person quiz in class</li> </ul>	Tuesday, 10/4 <ul> <li>Perception</li> <li>Priming</li> <li>In-person quiz</li> </ul>
7 Beginning 10/10	<ul> <li><i>Ch. 7: Learning</i></li> <li>□ Read chapter 7</li> <li>□ Watch chapter 7 videos on D2L</li> <li>□ LearningCurve 7a and 7b</li> </ul>	<ul> <li>LearningCurve quizzes due 10/9</li> <li>In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 10/11</li> <li>Classical conditioning</li> <li>Operant conditioning</li> <li>In-person quiz</li> </ul>
8 Beginning 10/17	Exam 2: Chapters 4, 6, & 7 □ Exam available 10/12 at 12:00am Ch. 8: Memory □ Read chapter 8 □ LearningCurve 8a and 8b	<ul> <li>Exam 2 due 10/15 by 11:59pm</li> <li>LearningCurve quizzes due 10/16</li> <li>In-person quiz in class</li> </ul>	Tuesday, 10/18 • Exam review • Encoding memories • False memories • In-person quiz

Week Number & Start Date	Asynchronous Readings & Activities (Complete before in-person class)	Quiz & Exam Due Dates	In-Person Class Date & Topics
9 Beginning 10/24 MSU Break Days: 10/24-25	Ch. 9: Thinking, Language, & Intelligence □ Read chapter 9 □ Watch chapter 9 videos on D2L □ LearningCurve 9a and 9b	□ LearningCurve quizzes due 10/23 □ In-person quiz in class	Tuesday, 10/25 • ***No in-person class this week
10 Beginning 10/31	<ul> <li><i>Ch. 10: Motivation and Emotion</i></li> <li>□ Read chapter 10</li> <li>□ Watch chapter 10 videos on D2L</li> <li>□ LearningCurve 10a and 10b</li> </ul>	<ul> <li>□ LearningCurve quizzes due 10/30</li> <li>□ In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 11/1</li> <li>Motivational attitudes</li> <li>Theories of emotion</li> <li>In-person quiz</li> </ul>
11 Beginning 11/7	Exam 3: Chapters 8, 9, & 10 Exam available 11/2 at 12:00am Ch. 11: Stress, Health & Lifestyle Read chapter 11 Watch chapter 11 videos on D2L LearningCurve 11a	<ul> <li>□ Exam 3 due 11/5 by 11:59pm</li> <li>□ LearningCurve quiz due 11/6</li> <li>□ In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 11/8</li> <li>Exam review</li> <li>Stress inventories</li> <li>Stress reduction and coping</li> <li>In-person quiz</li> </ul>
12 Beginning 11/14	<ul> <li>Ch. 12: Social Psychology</li> <li>□ Read chapter 12</li> <li>□ Watch chapter 12 videos on D2L</li> <li>□ LearningCurve 12a, 12b and 12c</li> </ul>	<ul> <li>LearningCurve quizzes due 11/13</li> <li>In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 11/15</li> <li>Authority &amp; compliance</li> <li>Research ethics</li> <li>In-person quiz</li> </ul>
13 Beginning 11/21 Holiday: 11/25-26	<ul> <li><i>Ch. 13: Personality</i></li> <li>□ Read chapter 13</li> <li>□ Watch chapter 13 videos on D2L</li> <li>□ LearningCurve 13a and 13b</li> </ul>	□ LearningCurve quizzes due 11/20	Tuesday, 11/22 <ul> <li>Topics forthcoming</li> </ul>
14 Beginning 11/28	Exam 4: Chapters 11, 12, & 13 Exam available 11/22 at 12:00am Ch. 14: Psychological Disorders Read chapter 14 Watch chapter 14 videos on D2L LearningCurve 14a and 14b	<ul> <li>□ Exam 4 due 11/26 by 11:59pm</li> <li>□ LearningCurve quizzes due 11/27</li> <li>□ In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 11/29</li> <li>Influences on norms</li> <li>Disorder classification</li> <li>Specific disorders</li> <li>In-person quiz</li> </ul>
15 Beginning 12/5	<i>Ch. 15: Therapy</i> □ Read chapter 15 □ Watch chapter 15 videos on D2L □ LearningCurve 15a, 15b, and 15c	<ul> <li>□ LearningCurve quizzes due 12/4</li> <li>□ In-person quiz in class</li> </ul>	<ul> <li>Tuesday, 12/6</li> <li>Therapy effectiveness</li> <li>Therapeutic best practices</li> <li>Access to therapy</li> <li>In-person quiz</li> </ul>
16 Beginning 12/12 Finals Week	Exam 5: Chapters 14 & 15 □ Exam available 12/12 at 12:00am □ Exam 5 due 12/15 by 12:00pm		